

# **Mountain Region Competition Fall Activities Notes**

A summary of the guidelines and special rules for the Mountain Region activities follows. It is important to keep foremost in our minds that these are <u>fellowship</u> activities, intended to give your young people an opportunity for friendly competition. We will do our best to provide good officiating; good sportsmanship and respect for contest officials will be expected.

# **Volleyball** (Fall Activity)

The volleyball tournament will be co-ed. Each team must have at least two girls on the court at all times. Each team will consist of six floor players and up to two substitutes. Students of any age may play on the team. Each school may enter two teams. The tournament will be double elimination. The first serve will be determined by a coin toss. Games will be to 15 points. A team must win a game by at least 2 points. Rally scoring will be used, which means that each ball served results in a point. Trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams. Ribbons will be awarded to each player on the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place teams.

Entry fee - \$20 per team; Limit 2 teams per school

# **Archery** (Fall Activity)

The competition will be field archery (circle targets), and archers will shoot 4 flights of 5 arrows (20 total). The number of competitors will not be limited, but schools must register when requested to allow for a sufficient number of targets to be set up. Ribbons will be awarded to the first-place, second-place, and third-place boy and girl in each age division. When available, fourth-place ribbons may also be awarded. First-place, second-place, and third-place team trophies will also be awarded. These trophies will be determined by adding the two top scores for each division.

Levels and target distance:	8 years and under	10 yards
	9-10 years	15 yards
	11-12 years	15 yards
	13-15 years	15 yards
	16 years and over	15 yards

#### **Additional Archery Guidelines**

- Competitors must bring at least six arrows (field points only, NO BROADHEADS).
- <u>All contestants, coaches, and officials must stay behind the shooting line</u>. Only when the line is called safe may a contestant, coach, or official go beyond the shooting line.
- Contestants must lay down their bows while arrows are being retrieved.
- Each school is strongly encouraged to provide at least one adult to help as a tournament official.

#### Entry Fee - \$5 per archer; No limit on number of archers